

## Resource Suggestions

First and foremost, trust yourself, your ability to assess situations, and the innate wisdom that runs through all of us.

Books in my library at home:

Encyclopedia of Homeopathy, Andrew Lockie, MD

Prescription for Nutritional Healing, Phyllis Balch, CNC

Merck Manual, Home Edition

Heal Your Body, Louise Hay

Dr. Pitcairn's New Complete Guide to Natural Health for Your Dogs and Cats, Richard Pitcairn, VMD

The "You" series, Mehmet Oz MD Michael Roizen MD

A Guide for the Advanced Soul, Susan Hayward (just a lovely book of quotes for contemplation and aha!s)

If I had a child...

Gentle Healing for Baby and Child, Andrea Candee

Smart Medicine for a Healthier Child, Janet Zand

Websites:

[www.icpa4kids.com](http://www.icpa4kids.com) International Chiropractic Pediatric Association